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功夫太极杂志出版物列表

作者：石龙

Kung Fu Tai Chi Magazine Publication List
By Gregory Brundage (石龙)

更新时间：2024 年 2 月 29 日 Updated February 29, 2024

1. 2010 – 2024 重建北少林系列文章 - 我出版了两本关于北少林的书
Rebuilding the North Shaolin Series of articles & I published two books about North Shaolin



上图：1942年5月以后，旧修道院所剩无几

Above: After May 1942 there was not much left of the old Monastery



艺术家对北少林寺最终重建的构想

Artist's conception of finalized rebuilt North Shaolin Monastery



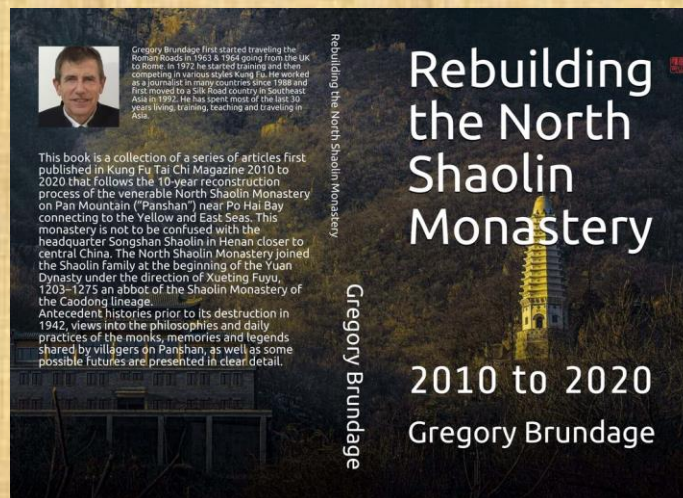
<https://srkffriendshiptour.org>

2. 丝绸之路功夫友谊之旅 2015 – 至今 Silk Road Kung Fu Friendship Tour 2015 – Present



3. 本文作者的其他功夫杂志文章 Other Kung Fu Magazine articles by this author

第 1: 部分 重建北少林寺 Rebuilding the North Shaolin Monastery

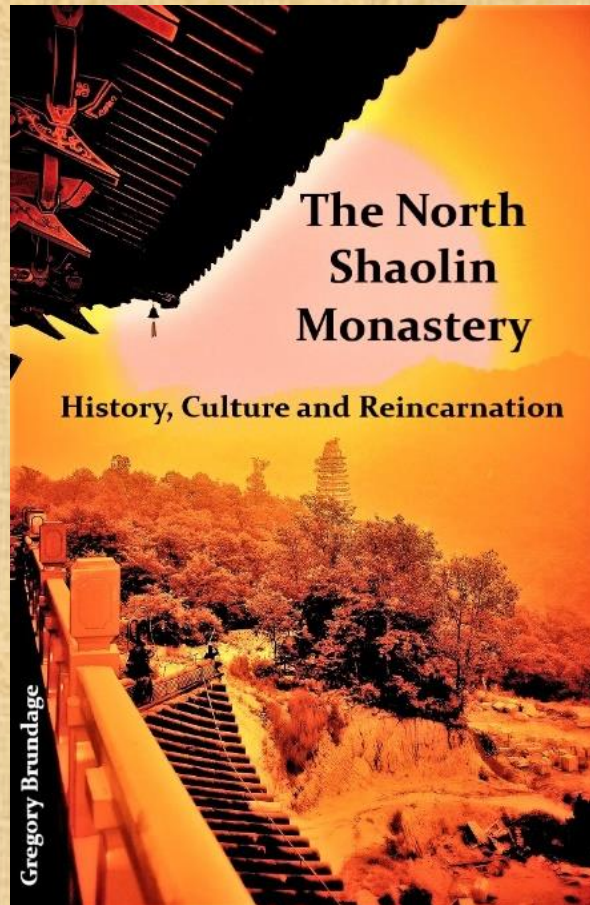


<https://www.amazon.com/Rebuilding-North-Shaolin-Monastery-2010/dp/B08C92F5C9>



<https://srkffriendshiptour.org>

另请参阅： Also see:



<https://www.amazon.com/North-Shaolin-Monastery-History-Reincarnation/dp/B08CWBFCZ5>

以上两本书中的第一本是以下发表在《功夫太极》杂志上的文章的汇编。第二本书是一部独立作品，也是作者的作品。

The first of the above two books is a compilation of the following articles published in Kung Fu Tai Chi magazine. The second is an independent work, also by this author.

我所有的书都可以从我的网站上免费下载 PDF 格式。

All my books can be downloaded for free in PDF format from my internet sites.



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以下是第一本书中已发表文章的列表。

The following is a list of the published articles in that first book

2010 年 11 月重建北少林寺-第 1 部分（印刷版） **Rebuilding the Northern Shaolin Temple Part 1** (Print Edition)

2011 年 5 月/6 月重建北少林寺-第 2 部分（印刷版） **Rebuilding the Northern Shaolin Temple Part 2** (Print Edition)

2011 年 7 月 重建北少林寺-第 3 部分（在线版） **Rebuilding the Northern Shaolin Temple - Part 3** (Online edition)

<https://www.kungfumagazine.com/ezine/article.php?article=961>

2012 年 1 月 重建北少林：第四部分 真北少林寺的中国新年： **Rebuilding the Northern Shaolin: Part IV Chinese New Year's at the True North Shaolin Temple:** 重建北少林：第四部分 <https://ezine.kungfumagazine.com/ezine/article.php?article=1028>

2013 年 1 月/2 月 重建北少林寺——第五部分：“重建全速前进！”（印刷版） **Rebuilding the North Shaolin Temple – Part V: “Reconstruction Full-Speed Ahead!** (Print Edition)

2013 年 5 月 重建北少林——第六部分白塔寺分院新年（蛇年，2013） **Rebuilding the Northern Shaolin – Part VI New Years at Baitasi Branch Shaolin Temple (Year of the Snake, 2013)** <https://www.kungfumagazine.com/ezine/article.php?article=1093>

2013 年 10 月 重建少林寺北部：第七部分：盘山的重建浪潮和其他变化 **Rebuilding the Northern Shaolin Temple: Part VII: Reconstruction Surge and other changes in Panshan** <https://www.kungfumagazine.com/ezine/article.php?article=1126>

2014 年 1 月 少林北功夫-历史背景和第七代访谈-东北蓟县盘山市的尚弥安大师（印刷版） **North Shaolin Kung Fu - Historical background and an interview with 7th**



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Generation - Master Shāng Mián Huī, from Panshan, in Jixian, northeastern China
(Print Edition)

2014 年 1 月 重建北少林寺：第八部分大师精神（在线版本）Rebuilding the
Northern Shaolin Temple: Part VIII Spirit of the Masters (On-line edition)

<https://www.kungfumagazine.com/ezine/article.php?article=1144>

2014 年 6 月 重建北少林寺第九部分：台阶与空虚（在线版）Rebuilding the
Northern Shaolin Temple Part IX: Steps and Emptiness (On-line edition)

<https://www.kungfumagazine.com/ezine/article.php?article=1164>

2014 年 9 月 福建省三个少林寺：少林南区的瑰宝第 1 部分：泉州（在线版）
Three Shaolin Monasteries in Fujian Province: The Jewels of Southern Shaolin Part 1: Quanzhou (On-line edition)

<https://www.kungfumagazine.com/ezine/article.php?article=1175>

2014 年 10 月 福建少林三寺：南少林之宝第 2 部分-莆田（网络版）Three Shaolin
monasteries in Fujian Province: The Jewels of Southern Shaolin Part 2 – Putian (On-line edition)

<https://www.kungfumagazine.com/ezine/article.php?article=1176>

2014 年 10 月 福建少林三寺：南少林之宝第三部分-福清（网络版）Three Shaolin
monasteries in Fujian Province: The Jewels of Southern Shaolin Part 3 – Fuqing (On-line edition)

<https://www.kungfumagazine.com/ezine/article.php?article=1181>

2014 年 12 月 重建北少林寺：第十部 - 盘山台阶顶云昭寺精神与空虚
Rebuilding the Northern Shaolin Temple: Part 10 - Spirit of Yun Zhao Monastery at the Peak of Pan Mountain Steps and Emptiness

<https://www.kungfumagazine.com/ezine/article.php?article=1190>

2015 年 1 月 重建北少林寺第 11 部分：从盘山脚下的前乡寺看重建新 Rebuilding
the Northern Shaolin Temple - Part 11: View from the Qian Xiang Monastery at the base of Panshan and Reconstruction News

<https://www.kungfumagazine.com/ezine/article.php?article=1198>



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2015 年 3 月 重建北少林寺-第 12 部分：范易慧禅房-北京 **Rebuilding the Northern Shaolin Temple – Part 12: Fan Yi Hui Chan House – Beijing**
<https://www.kungfumagazine.com/ezine/article.php?article=1211>

2016 年 2 月 10 日 重建北少林寺：第 13 部分：禅堂、山神、客厅大象——2015 年夏、2016 年冬 **Rebuilding the North Shaolin Temple: Part 13: Meditation Hall, Mountain Spirits, and an elephant in the living room – Summer 2015 and Winter, 2016**
<https://www.kungfumagazine.com/ezine/article.php?article=1281>

2019 年 1 月重建北少林寺：第十四部分：观音堂重工完成 **Rebuilding the Northern Shaolin Temple: Part 14: Guan Yin Hall Heavy Construction Finished**
<https://www.kungfumagazine.com/ezine/article.php?article=1464>

2019 年 3 月 重建北少林寺：第 15 部分：北少林寺的起源 **Rebuilding the Northern Shaolin Temple: Part 15: Origin of the North Shaolin Monastery**
<https://www.kungfumagazine.com/ezine/article.php?article=1473>

2020 年 8 月 重建少林北部第 16 部分：扩展计划 **Rebuilding the Northern Shaolin Part 16: Expansion Plans**
<https://www.kungfumagazine.com/ezine/article.php?article=1552>

2020 年 12 月 22 日 重建北少林寺第 17 部分：北京少林武术学校在盘山与北少林寺会合期待新年 **Rebuilding the Northern Shaolin Temple: Part 17: Beijing Shaolin Wushu School Meets North Shaolin Monastery on Panshan And Looking Forward to the New Year!** <https://www.kungfumagazine.com/ezine/article.php?article=1574>

我的少林研究和出版物被许多其他作家引用，包括：My Shaolin research and publications are quoted by many other writers, including:
<https://www.rgm.hu/index.php?mid=125>



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第二部分：丝路功夫友谊之旅

丝路功夫阿富汗友谊之旅序曲 Prelude to the Silk Road Kung Fu Friendship Tour in Afghanistan



2015 Feb. 12–19 2月12日至19日 喀布尔功夫：第一部分：功夫大师、创造就业机会、难民和新闻自由 Kung Fu in Kabul: Part 1: Kung Fu Masters, Job Creation, Refugees, and the Free Press

<https://www.kungfumagazine.com/ezine/index.php?p=article&article=1213>

2015 2月14日 阿卜杜勒“拉希姆功夫”宗师在喀布尔的功夫：第二部分：宗师阿卜杜勒“拉希姆功夫”和难民营 Feb. 14 Grandmaster Abdul “Rahim Kung Fu” Kung Fu in Kabul: Part 2: Grandmaster Abdul “Rahim Kung Fu” and a Refugee Camp

<https://www.kungfumagazine.com/ezine/index.php?p=article&article=1214>

2015 2月15日 喀布尔功夫：第三部分：阿巴斯·阿里扎达：阿富汗人李小龙 Feb. 15 Kung Fu in Kabul: Part 3: Abbas Alizada: The Afghan Bruce Lee

<https://www.kungfumagazine.com/ezine/index.php?p=article&article=1219>

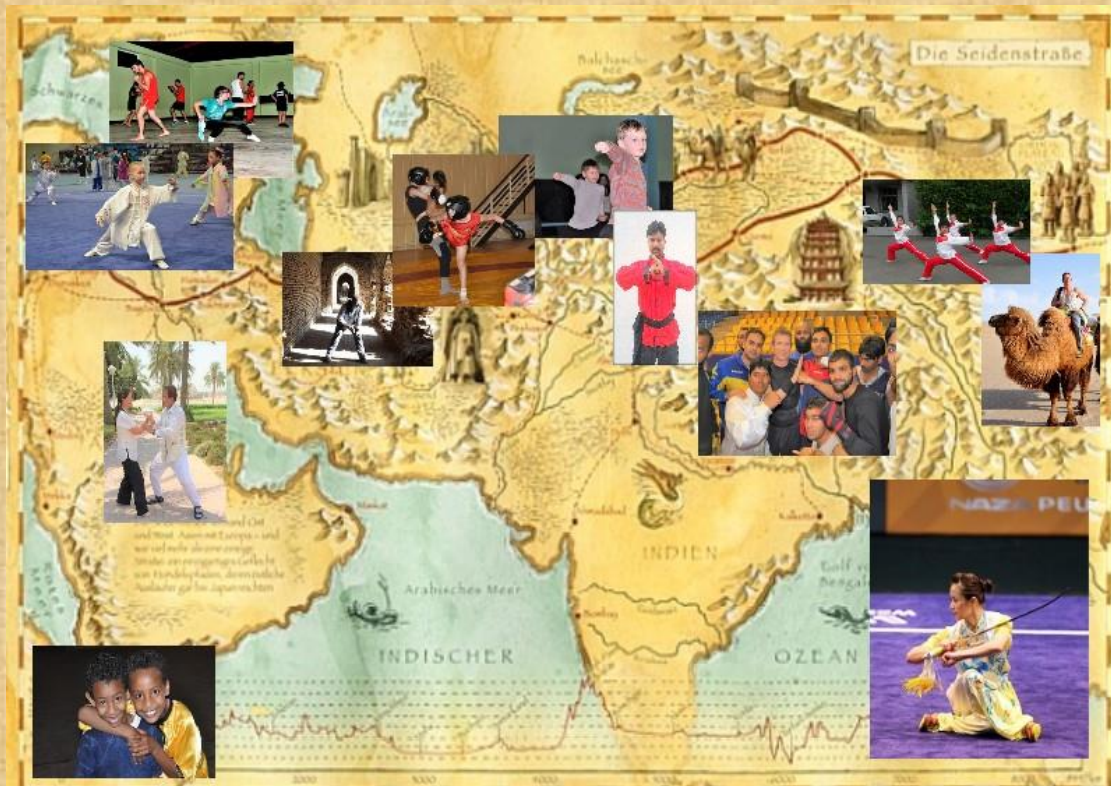


<https://srkffriendshiptour.org>

2015 2 月 17 日 喀布尔功夫：第四部分：大师赛义德·拉赫曼·尤雷什、阿卜杜拉·大瓦齐里等 Feb. 17 Kung Fu in Kabul: Part 4: Grandmaster Sayed Rahman Youresh, Abdullah Big Waziri and more

<https://www.kungfumagazine.com/ezine/index.php?p=article&article=1223>

丝路功夫友谊之旅正式启动 Official Start of the Silk Road Kung Fu Friendship Tour



2015 Aug. 丝绸之路功夫友谊之旅第一部分：简介

Silk Road Kung Fu Friendship Tour Part 1: Introduction

<https://www.kungfumagazine.com/ezine/article.php?article=1239>

2015 Aug. 西安功夫大师 Silk Road Kung Fu Friendship Tour Part 2:

The Kung Fu Masters of Xian

<https://www.kungfumagazine.com/ezine/article.php?article=1241>



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- 2015 Sept. **第三部分：吐鲁番：火焰山，**
维吾尔族家庭的开斋节和贝泽克利克 1000 佛洞 Silk Road Kung Fu
Friendship Tour Part 3: Turpan: Flaming Mountains, Eid
Al-Fitr with a Uyghur Family and Bezeklik 1000 Buddha Caves
<https://www.kungfumagazine.com/ezine/article.php?article=1243>
- 2015 Sept. **第四部分：吐鲁番到乌鲁木齐精武学校**
专访教师阿里少爷和乌鲁木齐其他功夫学校 Silk Road Kung Fu
Friendship Tour Part 4: Turpan to Urumqi Jingwu School
Interview with Faculty Member Young Master Ali and other Kung Fu
schools in Urumqi
<https://www.kungfumagazine.com/ezine/article.php?article=1245>
- 2015 Sep. **第 5 部分：通往阿拉木图哈萨克斯坦之路**
采访在阿拉木图教授咏春拳和太极拳私人课程的师傅迈克亚当斯
Silk Road Kung Fu Friendship Tour Part 5: Road to Almaty Kazakhstan
Interview with Shifu Mike Adams that teaches private classes in Wing Chun
and Tai Chi in Almaty
<https://www.kungfumagazine.com/ezine/article.php>
- 2015 Oct. **第六部分：尤里·维亚尔科夫大师和郑春当吉，越南“佛式”咏春功夫**
Silk Road Kung Fu Friendship Tour Part 6: Master Yuriy Vyalkov and Vinh
Xuan Dang Gia, Vietnamese “Buddha style” Wing Chun Kung Fu
<https://www.kungfumagazine.com/ezine/article.php?article=1256>
- 2015 Oct. **第 7 部分：吉尔吉斯斯坦比什凯克和对吉尔吉斯共和国功夫联合会主**
席德米特鲁申科·尤里·弗拉基米罗维奇的采访 Silk Road Kung Fu
Friendship Tour Part 7: Bishkek Kyrgyzstan and an interview with
Dmitrushenko Yuriy Vladimirovich, President of the Kung Fu Federation of
Kyrgyz Republic
<https://www.kungfumagazine.com/ezine/article.php?article=1258>



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- 2015 Oct. **第 8 部分：采访乌兹别克斯坦武术联合会主席加涅夫·拉夫尚先生并参观巴拉赫汗伊斯兰学校** Silk Road Kung Fu Friendship Tour Part 8: Interview with Mr. Ganiev Ravshan, President of the Wushu Federation of Uzbekistan & a Visit to the Barakh-Khan Madrasah
<https://www.kungfumagazine.com/ezine/article.php?article=1260>
- 2015 Oct. **第 9 部分：功夫杂志和国际外交**
Silk Road Kung Fu Friendship Tour Part 9: Kung Fu Magazine and International Diplomacy
<https://www.kungfumagazine.com/ezine/article.php?article=1261>
- 2016 Mar. **第 10 部分：师傅阿特奥姆和塔什干传统武术协会和乌兹别克斯坦国家历史博物馆**
The Silk Road Kung Fu Friendship Tour Part 10: Shifu Arteom and the Tashkent Traditional Wushu Association & The State Museum of the History of Uzbekistan
<https://www.kungfumagazine.com/ezine/article.php?article=1287>
- 2016 Apr. **第 11 部分：阿纳尔·布达利少爷的武术，塔什干市中心的 Chorsu 集市和参观塔什干的国际文化商队** The Silk Road Kung Fu Friendship Tour Part 11: The Wushu of Young Master Anar Budagli, Tashkent's City Center's Chorsu Bazaar & a Visit to the International Caravanserai of Culture in Tashkent
<https://www.kungfumagazine.com/ezine/article.php?article=1291>
- 2016 Jun. **第 12 部分：通往阿什哈巴德之路：采访亚兹米拉特·安纳米拉多夫和参观国家土库曼库拉什（传统摔跤）训练中心**
The Silk Road Kung Fu Friendship Tour Part 12: The Road to Ashgabat: Interview with Yazmyrat Annamyratov & a Visit to the National Turkmen Kurash (Traditional Wrestling) Training Center
<https://www.kungfumagazine.com/index.php?p=article&article=1292>



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- 2016 Jun. **第十三部分：丝绸之路的东北终点北京、牛街清真寺、中国伊斯兰教协会和王正一，又名大大刀王五世**
The Silk Road Kung Fu Friendship Tour Part 13: Silk Road's Northeast Terminal Beijing, the Niujie Masjid, China's Islamic Association and Wang Zheng Yi, also known as Great Broadsword Wang the 5th
<https://www.kungfumagazine.com/ezine/article.php?article=1301>
- 2016 Oct. **第 14 部分：采访阿塞拜疆武术联合会和阿塞拜疆泰拳/泰拳联合会主席 Azer Mallem 和“Zorkana”——力量之家**
The Silk Road Kung Fu Friendship Tour Part 14: Interview with Azer Mallem, President of the Azerbaijan Wushu Federation & Azerbaijan Muay Thai/Thai Boxing Federation and “Zorkana” – The House of Force and Strength
<https://www.kungfumagazine.com/ezine/article.php?article=1320>
- 2016 Oct. **第 15 部分：参观格鲁吉亚武术联合会夏令营在 Kobuleti&采访联合会主席兼陶鲁队主教练 Giorgi Verulidze、他们的散打主教练 Lasha Sumbulashvili 和一些初级国家队成员**
The Silk Road Kung Fu Friendship Tour Part 15: Visit to the Georgian Wushu Federation Summer Camp in Kobuleti & Interview with Federation President & Taolu Head Coach Giorgi Verulidze, their Sanda Head Coach Lasha Sumbulashvili and some Junior National Team Members
<https://www.kungfumagazine.com/ezine/article.php?article=1321>
- 2017 Jan. **第 16 部分：采访土耳其武术联合会主席阿卜杜拉赫曼·阿尤兹安卡拉、布尔萨和伊斯坦布尔的无法历史**
Silk Road Friendship Tour Part 16: Interview with Abdurrahman Akyuz, President of the Turkish Wushu Federation and Fathomless Histories in Ankara, Bursa and Istanbul
<https://www.kungfumagazine.com/ezine/article.php?article=1334>
- 2017 Apr. **第 17 部分：神奇的巴基斯坦：武术访谈努尔·艾哈迈德·萨奇布大师&访塔克西拉古城和丝绸之路交汇处**
Silk Road Friendship Tour Part 17: Amazing Pakistan: Interview with Wushu Master Noor Ahmed Saqib & Visit to the Ancient Metropolis and Silk Road Junction of Taxila
<https://www.kungfumagazine.com/ezine/article.php?article=1350>



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- 2017 May **第 18 部分：拉合尔巴基斯坦功夫联合会**
访巴基斯坦武术联合会主席兼创始人、特级大师伊夫蒂哈尔·艾哈迈德，访巴基斯坦国家博物馆馆长穆罕默德·沙·布哈里 Silk Road Friendship Tour Part 18: Kung Fu Federation of Pakistan in Lahore Interview with Grandmaster Malik Iftikhar Ahmed, President & Founder of the Pakistan Wushu Federation and Interview with Muhammad Shah Bukhari, Director of the National Museum of Pakistan
<https://www.kungfumagazine.com/ezine/article.php?article=1355>
- 2017 Aug. **第十九部分：甘肃古代武术，中国——透过骆驼的眼睛——**
中国莫高窟、西部边塞和戈壁滩的古代功夫秘密 Silk Road Friendship Tour Part 19: Ancient Martial Arts of Gansu Province, China - Through the Eye of the Camel - The Secrets of Ancient Kung Fu in China's Mogao Caves, Western Frontier Fortress and the Gobi Desert
<https://www.kungfumagazine.com/ezine/article.php?article=1365>
- 2017 Oct. **第 20 部分：透过骆驼的眼睛-敦煌博物馆和清真寺、白马寺**
Silk Road Friendship Tour Part 20: Through the Eye of the Camel - Dunhuang Museum and Mosque, and White Horse Temple
<https://www.kungfumagazine.com/ezine/article.php?article=1373>
- 2018 Jan. **第 21 部分：卡塔尔的崇高武术遗产**
The Silk Road Kung Fu Friendship Tour Part 21: The Noble Martial Art Legacy of Qatar
<https://www.kungfumagazine.com/ezine/article.php?article=1379>
- 2018 Jan. **第 22 部分：卡塔尔的崇高武术遗产（续）**
The Silk Road Kung Fu Friendship Tour Part 22: The Noble Martial Art Legacy of Qatar Continued
<https://www.kungfumagazine.com/index.php?p=article&article=1394>



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- 2018 我在埃塞俄比亚开始了一系列新的文章：
“跨撒哈拉贸易路线功夫友谊之旅”。I started a new series of articles:
“The Trans-Saharan Trade Route Kung Fu Friendship Tour” in Ethiopia.
These are the most ancient roads of all. These articles are not part of the
Silk Road Kung Fu Friendship Tour, but rather similar. This series is “on-
hold” for the time being.
<https://www.kungfumagazine.com/index.php?p=article&article=1444>
<https://www.kungfumagazine.com/index.php?p=article&article=1452>
- 2019 May **第 23 部分：越南武术联合会**
Silk Road Kung Fu Friendship Tour Part 23: Wushu Federation in Vietnam
<https://www.kungfumagazine.com/ezine/article.php?article=1490>
- 2019 June **第 24 部分-南洪山北宁武术在河内**
Silk Road Kung Fu Friendship Tour Part 24 - Nam Hong Son Bac Ninh Martial
Arts in Hanoi
<https://www.kungfumagazine.com/ezine/article.php?article=1493>
- 2019 Aug. **第 25 部分-朝阳之地的武术**
Silk Road Kung Fu Friendship Tour Part 25 - Wushu in the Land of the Rising Sun
<https://www.kungfumagazine.com/ezine/article.php?article=1502>
- 2019 Oct. **第 26 部分 - 旭日之地的武术 - 续**
Silk Road Kung Fu Friendship Tour Part 26 - Wushu in the Land of the Rising
Sun - Continued
<https://www.kungfumagazine.com/ezine/article.php?article=1508>
- 2019 Oct. **第二十七部分 印尼武术**
Silk Road Kung Fu Friendship Tour Part 27 Wushu in Indonesia
<https://www.kungfumagazine.com/ezine/article.php?article=1513>
- 2019 Nov. **第 28 部分 印度尼西亚的武术，续**
Silk Road Kung Fu Friendship Tour Part 28 Wushu in Indonesia, Cont.
<https://www.kungfumagazine.com/ezine/article.php?article=1517>



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- 2019 Nov. **第二十九章 第十五届世界武术上海锦标赛**
Silk Road Kung Fu Friendship Tour Part 29 - 15th World Wushu Championships in Shanghai
<https://www.kungfumagazine.com/ezine/article.php?article=1521>
- 2019 Dec. **第三十章 第十五届世界武术锦标赛，续**
Silk Road Kung Fu Friendship Tour Part 30 - 15th World Wushu Championships, Cont.
<https://www.kungfumagazine.com/ezine/article.php?article=1524>
- 2020 Jan **第 31 部分 – 在泰国**
Silk Road Kung Fu Friendship Tour Part 31 – in Thailand
<https://www.kungfumagazine.com/ezine/article.php?article=1527>
- 2020 Feb. **第 32 部分 – 在泰国续**
Silk Road Kung Fu Friendship Tour Part 32 – in Thailand cont.
<https://www.kungfumagazine.com/ezine/article.php?article=1530>
- 2020 Feb. **第 33 部分——香港功夫传承的古代与现代根源**
Silk Road Kung Fu Friendship Tour Part 33 – Ancient and Modern Roots of Kung Fu Legacy in Hong Kong
<https://www.kungfumagazine.com/ezine/article.php?article=1537>
- 2020 March **第 34 部分-专访咏春功夫刘**
Silk Road Kung Fu Friendship Tour Part 34 – Interview with Wing Chun Kung Fu Sifu Sam Lau
<https://www.kungfumagazine.com/ezine/article.php?article=1539>
- 2021 Sept. **第三十五部分——访海南岛并访海南省武术协会会长刘怀良**
Silk Road Kung Fu Friendship Tour Part 35 – Visit to Hainan Island and Interview with the President of the Hainan Wushu Association Grandmaster Liu Huai Liang
<https://www.kungfumagazine.com/ezine/article.php?article=1608>



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- 2021 Dec. **第 36 部分——海南特级大师刘怀良访谈继续并介绍中国最新武术项子道** Silk Road Kung Fu Friendship Tour Part 36 – Interview with Hainan’s Grandmaster Liu Huai Liang continued and introduction to China’s newest martial art Xiang Zi Dao also known as Bing Dao (Late September)
<https://www.kungfumagazine.com/ezine/article.php?article=1616>
- 2022 Feb. **第 37 部分 – 泰国普吉岛普吉古丝绸之路贸易中心,**
泰国冶金武术的起源;朗山的滑稽主人;并采访了普吉岛非凡的功夫教练李玉忠, 来自北京武术学校和北京体育大学。Silk Road Kung Fu Friendship Tour Part 37 – Phuket, Thailand - Phuket ancient Silk Road Trading Center, origin of metallurgy and martial arts in Thailand, the comical owners of Rang Hill, and interview with Phuket’s extraordinary Kung Fu Coach Li Yu Zhong of Beijing Wushu School and Beijing Sports University.
<https://www.kungfumagazine.com/ezine/article.php?article=1622>
- 2022 Mar. **第 38 部分-普吉岛的功夫 (续)。** 参观普吉武术学校、古老的普吉岛、3000 年前的洞穴艺术、泰国、马来西亚、印度尼西亚和印度之间可能存在的古代陆地和海洋联系、普吉岛众多博物馆中的两个、“为成功而战”、林恩·米勒博士对泰国泰拳行业的非凡内幕见解, 以及奈哈恩海滩令人惊叹的日落。Silk Road Kung Fu Friendship Tour Part 38 – Phuket Island’s Kung Fu Cont.
Visit to Phuket Wushu School, ancient Phuket, 3,000-year-old cave art, possible ancient land and maritime connections between Thailand, Malaysia, Indonesia, and India, two of Phuket’s many museums, “Fighting for Success,” an extraordinary insider’s view into the Muay Thai industry in Thailand by Dr. Lynne Miller and a mind-stopping sunset at Nai Harn Beach.
<https://www.kungfumagazine.com/index.php?p=article&article=1630>
- 2022 Dec. **第 39 部分-泰国清迈**
Silk Road Kung Fu Friendship Tour Part 39 – Chiang Mai, Thailand
<https://www.kungfumagazine.com/ezine/article.php?article=1679>



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- 2023 Sept. **第 40 部分：清迈-泰国的玫瑰和武术天堂继续**
Silk Road Kung Fu Friendship Tour Part 40: Chiang Mai - Thailand's
Rose and Martial Art Heaven continued
<https://www.kungfumagazine.com/ezine/article.php?article=1698>
- 2023 Sept. **第 41 部分，清迈-古代根源与现代泰国传统医学**
Silk Road Kung Fu Friendship Tour Part 41, in Chiang Mai - Ancient
Roots and Modern Thai Traditional Medicine
<https://www.kungfumagazine.com/ezine/article.php?article=1702>
- 2023 Oct. **第 42 部分，清迈古代根源与现代泰国传统医学续**
Silk Road Kung Fu Friendship Tour Part 42, in Chiang Mai
Ancient Roots and Modern Thai Traditional Medicine Continued
<https://www.kungfumagazine.com/ezine/article.php?article=1707>
- 2023 Oct. **丝绸之路功夫友谊之旅第 43 部分-介绍泰拳——**
泰国西北部的传统武器和徒手格斗艺术
Silk Road Kung Fu Friendship Tour Part 43
Introducing Muay Jeung – Northwest Thailand's Traditional Weapons and
Unarmed Fighting Art
<https://www.kungfumagazine.com/ezine/article.php?article=1709>
- 2023 Nov. **丝路功夫友谊之旅第 44 部分——中国数字！**
44 在中文中是一个不吉利的数字，所以我写了一篇创造性的文章：
中国数字——如何小心翼翼地绕过有趣和危险的数字，以及开始阅读
中文所需要知道的一切。
Silk Road Kung Fu Friendship Tour Part 44 – Chinese Numbers!
Forty-four is a bad luck number in Chinese, so I wrote a creative article
about: Chinese Numbers - How to delicately tiptoe around funny and
dangerous numbers, and everything you need to know to start reading
Chinese.
<https://www.kungfumagazine.com/ezine/article.php?article=1721>



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2024 Jan. 丝绸之路功夫友谊之旅第 45 部分 - 参观中国武术协会 (CWA) 总部
Silk Road Kung Fu Friendship Tour Part 45 - Visit to the Chinese Wushu Association
(CWA) Headquarters and interview with International Relations Director Mr. Fu Bo.

<https://www.kungfumagazine.com/ezine/article.php?article=1721>

2024 Mar. 参观北京什刹海体育学校——中国国家武术队训练中心，并会见他们的
套路和散打教练和运动员. Visit to Beijing Shichahai Sports School – China’s National
Wushu Team Training Center and meeting their Taolu and Sanda coaches and athletes

下一步是什么? What's next?

在缺席三年之后，我已经完成了“重建北少林寺”系列的下一篇文章的 99%。希望能在接下来的几天内将其发送给《功夫太极》杂志编辑 Gene Ching。（乐观地写于 2024 年 2 月 29 日。）

I'm 99% finished with the next article in the "Rebuilding the North Shaolin Monastery" series, after a three-year absence. Hopefully that will be sent to Kung Fu Tai Chi Magazine Editor Gene Ching within the next few days. (Optimistically written Feb. 29, 2024.)

第三部分《功夫》杂志（美国）刊登的其他武术文章 Part 3 Other Martial Art Articles published in Kung Fu Magazine (U.S.A.)

2008 年 1 月中国现代混合武术的演变- 2008, Jan. The evolution of Modern Mixed Martial Arts in China

<http://ezine.kungfumagazine.com/ezine/article.php?article=986>

2012 年 1 月国际武术比赛新星（印刷版） 2012, Jan. New Star in the Universe of International Wushu Competitions (Print Edition)



<https://srkffriendshiptour.org>

2012 年 12 月访问中国体育协会上海总部 - 2012, Dec. A Visit to Chin Wu Athletic Association Headquarters in Shanghai

<http://www.kungfumagazine.com/ezine/article.php?article=1074>

2013 年 2 月 13 日参观孙悟空故居 2013, Feb. 13 Visiting the Home of the Monkey King Sun Wu-Kong <http://www.kungfumagazine.com/ezine/article.php?article=1084>

2013 年 3 月。功夫、太极拳和其他武术在教育中的广泛作用 - 简要文献综述
2013, Mar. The Broad-based Roles of Kung Fu, Tai Chi and Other Martial Arts in Education - A Brief Literature Review

<http://www.kungfumagazine.com/ezine/article.php?article=1085>

2013 年 8 月追随大师的脚步——寻找终极功夫鞋（参观厦门北京内联生鞋店和蓟县少林分店白塔寺） 2013, Aug. In the footsteps of the Masters – Search for the Ultimate Kung Fu Shoes (Visit to Neiliansheng Shoe store in Xiamen Beijing & Baitasi Temple – a Shaolin Branch in Jixian)

<http://www.kungfumagazine.com/ezine/article.php?article=1120>

2014 年 1 月 北少林功夫 - 历史背景和对第七代 - 来自中国东北蓟县盘山的尚面惠大师的采访（印刷版） 2014, Jan. North Shaolin Kung Fu - Historical background and an interview with 7th Generation - Master Shāng Mián Huī, from Panshan, in Jixian, northeastern China (Print Edition)

2015 年 6 月，拉米尔·阿拉赫韦尔季耶夫 - 世界散打锦标赛“擂台教授” 2015, June, Ramil Allahverdiyev - “Professor of the Ring” in World Sanda Championship

<http://www.kungfumagazine.com/ezine/article.php?article=1229>



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Shaolin Dragon - Photo by G. Brundage



Photo by [Zhuo Cheng you](#) on [Unsplash](#)

此参考书目中列出的所有工作都是志愿者工作。我从来没有从《功夫杂志》或这些文章产生的任何书籍中赚过一分钱。事实上，我从 1970 年 14 岁左右开始旅行和练习武术，从未停止过。为什么？这就是我喜欢做的事情。与一些谣言相反，我是一个非常简单和直率的人。我喜欢健康的事物和人，并努力鼓励他人分享健康的生活方式和积极向上的艺术、体育和爱好带来的美好生活。

All of the work listed on this bibliography is volunteer work. I never made a penny from Kung Fu Magazine, or any of the books resulting from those articles. The fact is, I started traveling and doing martial arts at age 14 or so in 1970, and never stopped. Why? That's what I like to do. Contrary to some rumors, I'm a very simple and straightforward person. I like healthy things and people, and work pretty hard to help encourage others to share the good life that comes from a healthy lifestyle and positively oriented arts, sports and hobbies.



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习近平呼吁通过体育促进和平、团结和包容

Xi calls for promoting peace, solidarity, inclusiveness through sports

http://en.qstheory.cn/2023-09/23/c_924390.htm

这是我在过去 14 年里在中国以及整个陆地和海上丝绸之路上孜孜不倦地、主动地努力的事情。

This is something I have worked on tirelessly, upon my own initiative, for the past 14 years here in China, and all across the land and maritime Silk Roads.

看来我不是唯一一个有这种想法的人！😊

It appears I'm not the only one thinking such thoughts!



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